

LEH NUTRITION PROJECT



Promoting equitable and sustainable development in Ladakh through people focused integrated programmes.

ANNUAL REPORT

APRIL 2018 TO MARCH 2019

Leh Nutrition Project

Housing Colony,

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About LNP

Leh Nutrition Project (LNP) is a non-governmental organisation begun by the Save the Children Fund (UK) in 1978. The oldest NGO in the region, it was established to provide health and supplementary nutrition to women and children of the remote villages on the left bank of the Indus River, following a devastating flood in the year 1978.

The organisation is credited with promoting sustainable development, while respecting traditional Ladakhi way of life. Over the years LNP has worked on a wide range of developmental and environmental issues, mainly focusing on mother and child's health and nutrition, rural livelihoods and income generation activities, a watershed development programme, artificial glaciers, water and soil conservation techniques, appropriate technologies, energy efficient housing techniques, agriculture and organic farming, horticulture promotion and value addition, reformation of the education system and teacher training, Strengthening women SHG'S, disaster relief and rehabilitation, WASH (water, sanitation and hygiene) etc.

Our approach: Years of accumulated practical experience, the close involvement and active participation of local communities, especially women, children and deprived people, are central to LNP'S project implementation approach. Our staff regularly undertake consultations with representatives of local villages in order to gain valuable insight on the immediate and long-term issues and problems being faced. This ensures that project activities are adapted to the best meet the priorities of local people.

LNP aims to improve public awareness and understanding of the issues relating to the sustainable and health growth of the community and daily life. Through vocational training, workshops, awareness camps, LNP's sustained innovative approach to developing skills and capacity enhancement of rural communities has brought about a marked change in the lives of the local population.

Registration and legal status

LNP is registered as a not-for-profit organisation under the Societies Registration Act of 1998 (1941 AD) vide registration number: 1476-S of 1988 dated 13-08-1988. It is based in Leh, Ladakh in the state of Jammu & Kashmir, India. It is also registered under the Foreign Contribution Regulation Act with registration no: 152710011 dated: 13.8.1990, FCRA registration also been renewed on 19.05.2016 under FCRA Act 2010 for a period of 5 years w.e.f. 1.11.2016.

UNIQUE ID No under Darpan Portal of Niti Ayog: JK/2017/0165533.

Vision

Promoting equitable and sustainable development in Ladakh through people focused integrated programmes.

Mission statement

Development through people's empowerment

Aims and objectives

The overall aim of the organisation is to work towards the development and betterment of the lives of the Ladakhi people, without any consideration to caste, creed, status and political alignment.

The objectives are:

- a) To uplift the lives of the poor, nomads, tribal, remote, isolated, vulnerable, physically disabled, illiterate, deprived, neglected, exploited and victims of disaster.
- b) To strengthen social and economic activities, and reduce the vulnerability of marginal communities to all sorts of pressure prevailing in the harsh environment of Ladakh.
- c) To support activities that would help rural people in their social, cultural and economic development.
- d) To raise awareness about health, the environment and social issues.
- e) To preserve and promote the rich cultural heritage of Ladakh.
- f) To promote inclusive education and standards of school education and adult literacy.

Governance and Management

LNP is governed by a General Body which is comprised of 21 members. The members include prominent citizens, village representatives, women representatives from both urban and rural areas, and expert professionals in the field of agriculture, horticulture, medicine, education and sociology.

The Management Board is elected by the General Body. It is comprised of seven elected members from the General Body and two LNP staff to represent the members of the organisation. The Executive Director and the Project Officer are ex-officio members to the Management Board without voting rights.

The current board members are:

1. Tsering Samphel, Chairman (*former MLA, former LNP Executive Director & former member of Schedule Tribe, Government of India*)
2. Mrs.Sarla Tsewang, Member (*Educationist and member District Child Welfare Committee*)
3. Dr. Norboo Tsering Tsaskhan, Member, (*Retired Doctor from J&K Government as Chief Medical Officer*)
4. Mr. Dorjey Motup, Member (*Ex-CEC, LAHDC*)
5. Mr. Sonam Jorgyes, Member(*Project Director, TISS Leh*)
6. Mr. Rinchen Tundup, Member (*former Chief Planning Officer, J&K Government*)
7. Ms. Tashi Lamo, Member(*LNP staff member*)
8. Mr. Eshey Paljor, Member Secretary(*Executive Director, LNP since May 2012*)

Address of the organisation

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Contact person and contact details

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Brief activities of LNP carried out during the year 20018-2019

1. Ensuring children's right to quality education and protection in Jammu and Kashmir (Supported by Save the children-BRB, period 1st April 2017 to 31st May 2018)

This project is continuation of previous programme runs between 1.5.2015 to 31.7.2016 after a gap of 8 months. The overall objective of the project is to ensure children's rights to quality education and protection in the state of Jammu & Kashmir funded by UNICEF through SC/ BRB. In the demonstration phase three districts have been taken up under the project, i.e., Leh, Budgam and Rajouri. In Leh district LNP chosen as an implementing agency. Initially only Nubra and Khaltse education zone has been chosen and only 10 villages/ schools were taken in 1st year period.

In the existing extension phase, 50 villages were selected (25 each from Nubra & Khaltse zones) including 10 villages already taken up in 1st year.

Following activities have been taken up to achieve the set objectives :

- Training on school safety and security for 100 teachers in 2 batches.
- One day training on JJ Act and ICPS for Police officials at Leh.
- Formation and strengthening of 50 VCPC'S and CG'S including 10 already formed in 1st year.
- Training of 50 VCPC'S at block level for community based child protection, JJ Act and social protection scheme 50 participants.
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2. Promoting Child Protection in Ladakh :Funded by UNICEF, New Delhi, 2 years period (July 2015 to June 2017) and extension between 1.2.2018 to 31.12.2018)

The proposed project is in line with UNICEF India's Child Protection Programme, which seeks to protect children from abuse, violence and exploitation, by creating a protective environment by means of improving access and quality of services to children.

LNP intends to achieve this goal through following objectives:

1. To build capacities of various Institutions like Ladakh Autonomous Hill Development Council (LAHDC), Panchayati Raj Institutions (PRIs), Social Welfare Dept, ICDS, Police, Education, Health, NGOs, Media, Women Organisations, Social and Religious Organisations on JJ Act, ICPS, CLPRA and POCSO act. to protect children from Violence, Exploitation, Abuse and Labour
2. To create a favorable and enabling environment to implement the JJ Act and ICPS in Leh District of J&K state.
3. To form and strengthen Child Protection structure i.e. Child Protection Committees, Block Child Protection Committees in Nubra and Khaltsey education zone of leh district and District Child Protection Committee in Leh district under JJ Act, and ICPS scheme

4. To develop convergence mechanisms for effective implementation of CLPRA

To achieve the above set objectives, LNP has initiated following activities during the current financial year:

1. One day training workshop on Integrated child Protection scheme (ICPS) for the functionaries of ICPS and District Social Welfare dept was organised on 22nd May 2017 by Leh Nutrition Project.
2. A Civil Society Alliance on Child Rights qtrly. Meeting was organised and Memorandum of understanding and a resolution was adopted by the alliance member.
3. x year boy was sexually abused and assaulted by school warden at Shey Lamdon School Leh on 16th June 2018. A protest rally against this incident was jointly organised by Civil Society Alliance and Leh Nutrition Project by mobilising all school children of Leh on 22nd of June 2018. A memorandum was submitted to Deputy Commissioner and Senior Superintendent Police, Leh.
4. Civil Society Alliance on Child Rights qtrly. Meeting was organised and following decision were take:
 - a. A working group for activity planning, review and monitoring was formed
 - b. Standing committee on finance was formed to tap the resources in order to make self reliant.

3. Supporting enterprises in rural adakh

Funded by RBS Foundation India, 3 years project, Nov 2016 to Oct 2019

The project aims at developing the land-based economy of the small-scaled farmers and enabling them to diversify their income in agriculture and horticulture sectors and improve their overall standards of living. The project will directly benefit 1250 families in 9 villages of rural Ladakh region.

Activity carried out between 1.04.2018 to 31.3.2019 are as under:

- One Artificial Glacier built at Saboo Phu benefitting 270 farmers.
- Reconstruction of head work of main irrigation channel of Phey village - ensured irrigation facilities to 150 hectares of agricultural land benefitting 70 farmers.
- Construction of 2 head works of irrigation channel at Gangles village covering 100 hectares of agricultural land benefitting 30 farmers.
- In 2017 - 323 apple saplings provided to 44 families of 5 villages and again in 2018 - 734 apple plants distributed benefitting 74 families in 8 villages to raised orchard in the villages of Igoo, Kharu, Saboo, Chemdey, Nang, Phey, Chemday Dho and Changa.
- Organised a training on grafting / budding to promote horticulture to 43 farmers.
- 14 kgs Onion and carrot 22.6 kgs seeds distributed for promotion of carrot and onion production in 7 benefitting 249 farmers and 3 women SHG's.
- 3100 kgs of pea seeds distributed to 508 families in 3 villages to improve pea crop as cash crop.
- 19 women SHG'S are selected to strengthen income generation activities benefitting 141 women. Following capacity building training has been done with different SHG'S:

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- 18 Green Houses constructed benefitting 18 families at Phey, Changa and Saboo.
- One agro-training organised on green house running and maintenance to 28 farmers.
- Planted 5000 willow tree plants and 400 poplar tree plants benefitting 107 farmers
- 44 nos vegetable/ potato cellars constructed in 7 villages benefitting 44 farmers to store potato and different root vegetables during harsh winter.
- 200 bags @50 kgs per bags of potato seeds of Khukri Chandramukhi variety procured from Lahul Potato Society and distributed to 3 villages (Phey, saboo & Kharu) to improve the potato production benefitting 63 families.

4. Enhanced wellbeing of Tibetan children and community through WASH interventios Funded by BPRM through SC-BRB, one year project 15.08.2017 to 14.09.2018.

In Jammu and Kashmir State, Tibetan refugees are mainly settled in high altitude cold desert region of Ladakh also known as “Mini Tibet” owing to the cultural, religious and geographic similarities. The Tibetan population in this area is approximately 7,500 persons (3,822 males / 3528 females) inhabited in Choglamsar, Agling and Changthang. Whereas the Agling and Choglamsar is semi urban area and camps are closely located in a small area, Changthang is the most remote rural area which is spread across large area. Majority of the inhabitants in Changthang area are nomads and moves with one place to other with livestock. Through this project, Leh Nutrition Project aims to reach out to these vulnerable communities living in remotest areas with limited access to facilities.

Agling: Camp 6, 7, 8 and 9

Choglamsar: Camp 1, 2, 3, 4, 5, 10, 11 and 12

Changthang: Nyoma, Sumdho, Hanley, Dhungti, Koyul and Kakshung.

The project will focus on improving access to and quality of WASH facilities, improving water, sanitation and hygiene facilities in these Tibetans camps. Apart from that awareness camps and campaign among Tibetan children and community on WASH related interventions.

Objective 1: Improved provision of WASH infrastructure and services among targeted Tibetan communities:

- Installation of submersible water pumps: 35 nos (30 for community and 5 in schools)
- Installation of water filters in 5 wash stations x 2 each in school 10 Nos
- Installation of 5 solar composting toilet (3 in schools & 2 at community)
- Installation of 5 Hand washing stations in 5 schools.

Objective 2: Enhanced knowledge, skills and practices of facility and community workers on inclusive WASH facilities in target locations:

- Conduct training of hand pump mechanics at camp/community level at 35 different locations of Agling, Choglamsar and Changthang.
- Train 35 WASH volunteers.

Objective 3: Enhanced participation in and awareness of Tibetan community on WASH:

- Form and strengthen of 35 WASH committees at School and community level of Agling, Choglamsar and Changthang.
- Educate the community on Community Led Total Sanitation (CLTS) by conducting 5 training.
- Formation and strengthening of 17 Child Health and Hygiene Club (CHHC).
- Conduct game base activities on WASH in 5 Schools.

Objective 4: Enabling and supportive environment created for accessing education and WASH services:

- Project rollout meeting at Leh at district level.

5. Enhanced wellbeing of Tibetan children and community through WASH interventions Funded by PRM through Tibetan Voluntary Health Association (TVHA) and Tibet Fund, two years project 01.10.2018 to 30.09.2020.

This project is continuity to the above WASH project. The ongoing project is runs in-collaboration with the Tibetan Central Administration Dharamsala. The main objective is to improve the WASH facilities and to raise awareness among the Tibetan refugee communities settled at different parts of Leh District . Under the project following activities were carriedout between 1.11.2018 to 31.3.2019:

- Formed and strengthen 9 WASH committees.
- Formed and Strengthen 3 Child Health and Hygiene Club (CHHC)/
- Conducted 2 workshops on 'community led total sanitation' (CLTS) covering 6 camps.
- Conducted baseline survey.
- Surveyed to identify defunct hand pumps in camps and schools and identified 21 defunct hand pumps.
- Repaired 21 defunct hand pumps and ensured drinking water facilities to 200 families and 300 schools children.
- Started construction of 2 solar compost toilets (1 each for community and school).
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